

# THE CHALLENGE PROJECT

Aiming to improve palliative and end of life care for people living with **Dementia**

Not always recognised as a life limiting illness<sub>2</sub>

Late or no referral to palliative care services<sub>3</sub>

**Dementia** affects over 800,000 (UK) people<sub>1</sub>

Poor symptom assessment and management<sub>4</sub>

Lack of advance care planning<sub>5</sub>

## OBJECTIVES:

- Partnership working
- Raise awareness of **Dementia**
- Provide professional education
- Promote advance care planning
- Improve end of life care
- Carer/family support

## CURRENT OUTCOMES:

**104**

Number of Referrals

**50**

Dementia Friends Sessions

**92**

Bereavement Support

**62**

Advance Care Planning

**61**

Patient Deaths

**38**

Hospice at Home Shifts

## FUTURE PLANS/CONCLUSION:

The project is in the process of evaluation via Marie Curie Research Centre, Cardiff. Results expected early 2016 which will guide future direction and planning.

### References:

1. Alzheimer's Society (2012) *My life until the end; dying well with Dementia*
2. Department of Health (2009) *Living Well with Dementia; a national Dementia Strategy*
3. NICE (2006) *Supporting People with Dementia and their Carers in Health and Social Care*
4. Harris, D (2007) *Forget Me Not; Palliative Care for People with Dementia*
5. National Council for Palliative Care (2009) *Out of the Shadows; End of life care for people with Dementia*